

## **The key message \***

It happened on 28 March 1989 in an insignificant hotel halfway from the south of France to my German home in Düsseldorf. In the very early morning (roughly after 3 a.m.), I woke up, realizing still half asleep, but very clearly that I had just started to have a dream, which was not like a normal dream. It was the answer to my basic inner question from some time before during last year: WHY are we, why am I here in this world?

It may sound strange and it certainly felt strange then – but I know in all certainty that this was more than a dream. Maybe I should be more humble and consider this only to be a firm belief. My feeling, however, refuses to accept that reduction to a mere belief. For me, what happened is simply a piece of the "truth", which I was longing for. For the first time in now almost exactly 52 years after my birth in this unexpected moment in an insignificant hotel, I was receiving an answer to my basic question, why am I living here now, what is my purpose, what is our purpose as human beings. In my quest, the personal and general aspects were inseparable.

I was not used to write down dreams, although I did have occasionally rather creative dreams which could be turned into fascinating film stories. Here and now in March 1989, I somehow realized that this was not a normal dream, it had a different quality. I knew that I had to write it down, in order not to lose it again. Luckily (still half asleep) I found a piece of paper and a pen and copied down, what I had been told. It was clearly a guiding message. Not the last one, but the very first one and in amazing clarity. It was in my mother tongue, but there was a specific meaning to the words beyond the German words themselves:

***Das Ganze muss durch Lernen wachsen.*** – "The whole (all) must grow through learning". "Das Ganze" was truly ALL, the whole, from the smallest to the universal whole. "Wachsen", "growing" had a more qualitative than quantitative character. – It continued:

***Dabei hilft Liebe.*** – "Thereby Love helps". – And the message went on with a sentence which clearly influenced my life:

***Ich muss dazu tun, was ich kann.*** – "I must contribute, what I can".

"Muss" – "must" sounds hard in a loving message. It was, however, clearly meant in a gentle way. It was not like an order, but like a reflection of my own inner disposition towards action. In the sense of active engagement, I (only) must do as much as I can. In further deep reflection about that little word "must" I realized that this divine source was not separate from me. It was also in me, it must be ONE with all. Some later messages and one very special moment of "in-sight" also could only be understood in this way. One later very touching moment even created a direct confirmation of the ONE-ness of ALL.

*\* from "VISION WORKS..." pages 188+189 – For more please see "Spiritual positions" and "Publications in English" under "Peter Hesse – personally"*